



Some individuals consider one style of boot to be identical to another. You must wear the proper boot for the job when working in construction. As we have all observed in the past, people frequently TUCK laces into the boot rather than lacing them up, thus it is crucial that we do the same. This is just as practical as donning a respirator on your head or a pair of safety glasses around your neck.

**It requires less work to correctly lace up your boots than it does to get around on crutches while carrying a broken bone!!!**

### Steel toe boots for most work

The majority of jobs allow wearing steel-toed boots. Your feet are not only kept dry, but they are also protected. To protect against cuts or punctures from pointy or sharp things, your boots should have sturdy soles. As an additional safeguard against nail punctures, safety insoles can be worn. Too-long laces could cause you trouble. You can either trim them or tuck the extra length inside the tops of your boots.

### Wear your safety boots!

Anybody who wears safety boots can cite numerous occasions when their boots saved them from suffering a serious harm. However bear in mind that you can only be protected by safety boots if you actually wear them.



**Safety boots laces are tied right to the top of the boot that will minimize injury if you should twist your ankle**



**Safety boots laces are not tied right to the top of the boot that the protection is compromised if you should twist your ankle**

Please wear your PPE, which will provide you with the best protection and help to prevent ankle injuries.

